



Weather Safety Quick Reference Card

Safe Walking Times for Dogs by Temperature



TEMPERATURE GUIDELINES



HOT WEATHER (75°F+)

Temperature	Walk Duration	Special Notes
75-80°F	Normal time	Early morning/evening preferred
80-85°F	Reduce by 25%	Test pavement with hand
85-90°F	Reduce by 50%	Morning/evening only
90°F+	Emergency bathroom breaks only	DANGER ZONE



High humidity = reduce times further



COLD WEATHER (45°F-)

Temperature	Walk Duration	Special Notes
32-45°F	Normal time	Watch for shivering
20-32°F	Reduce by 25%	Protect paws from salt
10-20°F	Reduce by 50%	Consider dog coat
Below 10°F	Quick potty breaks only	DANGER ZONE



IMMEDIATE DANGER SIGNS



HEAT EMERGENCY

STOP WALKING IF YOU SEE:

- Excessive drooling
- Bright red/purple tongue
- Staggering or weakness
- Vomiting
- Glassy eyes

IMMEDIATE ACTION:

1. Move to shade
2. Offer cool water (small amounts)
3. Wet paws and belly
4. Call vet if symptoms continue



COLD EMERGENCY

STOP WALKING IF YOU SEE:

- Continuous shivering
- Lifting paws repeatedly
- Pale gums
- Seeking shelter/warmth
- Extreme lethargy

IMMEDIATE ACTION:

1. Get indoors immediately
 2. Warm gradually (no direct heat)
 3. Dry if wet
 4. Call vet if shivering continues
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BREED-SPECIFIC WARNINGS

HIGH RISK IN HEAT:

- Bulldogs, Pugs, Boston Terriers
- Persian/flat-faced breeds
- Thick-coated: Huskies, Malamutes
- Senior dogs, puppies

HIGH RISK IN COLD:

- Small breeds: Chihuahuas, Yorkies
 - Short-haired: Greyhounds, Whippets
 - Senior dogs, puppies
 - Thin dogs
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OTHER WEATHER CONDITIONS

RAINY WEATHER

- Reduce walk time by 30%
- Avoid lightning/thunder
- Watch for slippery surfaces
- Dry thoroughly after walks

WINDY CONDITIONS

- Reduce walk time by 15%
- Watch for flying debris
- Keep dogs close
- Avoid areas with tall trees

SNOW/ICE

- Reduce time by 20-40%
 - Protect paws from salt/ice
 - Bright snow = eye protection
 - Watch for hypothermia signs
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HUMIDITY FACTOR

When temperature is 75°F+ AND humidity is:

- **30-50%:** Normal adjustments
 - **50-70%:** Reduce time by additional 20%
 - **70%+:** Reduce time by additional 40%
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QUICK DECISION GUIDE

GREEN LIGHT (Safe)

- 45-75°F with low humidity
- Light clouds or sun
- Calm winds
- Dry conditions

● **YELLOW LIGHT (Caution)**

- 32-45°F or 75-85°F
- High humidity with heat
- Light rain or wind
- **Adjust walk times**

● **RED LIGHT (Danger)**

- Below 20°F or above 90°F
 - Heat + high humidity
 - Severe weather warnings
 - **Emergency potty breaks only**
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🔧 **QUICK TESTS**

Pavement Test:

Place back of hand on pavement for 5 seconds

- **Can't hold it?** = Too hot to walk

Shiver Test:

If YOU need a coat, small dogs probably do too

Breath Test:

If YOUR breath is visible, consider it cold weather

📠 **EMERGENCY NUMBERS**

Poison Control: (888) 426-4435 **Your Vet:** _____ **Emergency Vet:** _____

💡 **Remember:** When in doubt, err on the side of caution. Indoor play can substitute for outdoor walks when weather is extreme.

Download at: strolldog.com

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